



**SANTE TOTAL**  
*Healthcare for Haiti's Poor*

**Fall 2015**

**22<sup>nd</sup> Medical Team Visit Jacsonville**

By Temrah Okonski, PT

This was the fifth visit to Jacsonville by Physical Therapist, Temrah Okonski. Temrah is the only physical therapist servicing this community. Temrah is most proud of the fact that when she treats an "old" patient his/her complaints are often different from the prior session, as injuries healed after treatment. Ailments seen most commonly are related to the hard labor that this community endures to include farming, carrying water and transporting goods to and from the market. Injuries to the ankles, knees, and back are common. Temrah treats with a range of manual techniques to include joint mobilization, myofascial work, and postural reeducation. Pediatric patients, though not as plentiful as adult patients also visit the clinic. Temrah treated a number of interesting pediatric patients to include the young girl who incurred burns to her hand. She also worked with two toddlers with leg length discrepancies. When left untreated this asymmetry could lead to scoliosis (curved back). In order to insure continuity of care and to mentor villagers interested in physical therapy, Temrah had

been teaching Sandra, a resident of Jacsonville, massage therapy. Sandra has trained with Temrah over her past five visits to Jasconville. This diverse team saw a total of 308 patients.

*September trip participants included:*

- Sue Rodgman, MD – Canada
- Alison Smith, MD PhD – New Orleans
- Domnica Fotino, MD, MPH – New Orleans
- Anjali Niyogi, MD – New Orleans
- Sherry Braheny, MD – San Diego
- Monica Dhand, MD – New Orleans
- Ed Ready, JD – New Orleans
- Bruno Reich – Ellicott City MD
- Temrah Okonski, PT – Elicott City MD
- Suzy Savard – Canada
- Samuel Berry, medical student – New Orleans
- Geoff Holman, medical student – New Orleans



**Funds needed for Sante Total!**

Please consider donating to Sante Total. We are running very low on funds which will make it difficult for us to continue to support our projects in Jacsonville. Donations can be made through [www.santetotal.org](http://www.santetotal.org) or by sending a check to 1511 Dufossat St. New Orleans, LA 70115. All donations are tax deductible.

**FUTURE MEDICAL TEAM DATES**

**January 2-9, 2016**

**May 7-14, 2016**

If you are interested in signing up please contact Alison Smith ([Alison.annette.smith@gmail.com](mailto:Alison.annette.smith@gmail.com)) or Heather Morgan in regards to the trips, more information will be available as dates come closer.

**Completion of Medical Clinic Building**

By Bruno Reich, AIA

I traveled with the medical team to assist in completing the work on the new clinic building. As an architect I was impressed by how much has already been done, by the simplicity of the building methods and by how inexpensive it would be to complete the work necessary to make the building usable. The primary spaces need only electrical work, plumbing,



doors, windows and some basic finishes. Labor and materials in Haiti are relatively inexpensive. Work in Jacsonville is free of the normal red tape and delays we would have in the US so that money could go directly to the construction work. I was able to draw an accurate plan of the building, visit suppliers, review work with subcontractors and meet with community leaders in Jacsonville to plan the work. The pharmacy, storage room, office, 2 exam rooms and a toilet room could be completed for a relatively small amount of money giving the medical team a base of operations. Completion of the lab, x-ray, inpatient and on-call rooms could be phased in later. As president of the Ellicott City Rotary Club I have been organizing an effort to help. Stay tuned!



## **Beer 'n Brats Fundraiser**

By: Ed Ready, JD

Becoming aware of the great need of Sante Total to provide a climate controlled, rodent free, medical supply room, complete with refrigerator, the Knights of Columbus at Mater Dolorosa Catholic Church in New Orleans, LA set up and had a successful fundraiser called "Beer 'n Brats" (an Oktoberfest themed event) on October 29, 2015. We are hoping to build a climate controlled and sealed room (and possibly refrigeration by putting in solar panels and if enough funds are raised finished floors in the Mission house). The fundraising goal was \$15,000. The initial hope was that this event would raise \$2,000 of that goal.

At the event there was a turnout of over a hundred people of all ages from the Parish and Neighborhood. Everyone had fun and I spoke to the group about my experience in Haiti. We had 20 or so Knights of Columbus on hand who put in a lot of hard work putting this event together and whose efforts and generosity should be praised.

The foodstuffs and beers were donated by 4 local breweries, (40 Arpent, Crescent City Brewhouse, Nola Brewery, and Second Line Brewery) local food vendors (Crescent City Meats and Leidenheimers), and as well as the



generosity of individual Knights of Columbus. The Knights of Columbus put on the event and cooked the delicious food.

We have received, as of this moment, \$5,286 in sales and donations to Sante Total for the proposed work. So obviously we surpassed that original goal of \$2,000. One of the local breweries, who had donated a keg, was impressed by this event and has also expressed interest in doing their own event to benefit Sante Total. The Knights of Columbus are coordinating that event as I write.



## **HOW TO DONATE**

We are making progress, but please remember we still need ongoing financial support to continue projects throughout the year! Our cupboards are looking quite barren! *Even \$20 can go a long way in Haiti.* **Please designate: "Sante Total" for your contributions.** There are two ways to give a tax-deductible donation:

1. **Visit our website** at [www.santetotal.org](http://www.santetotal.org) and make a donation via Paypal.
2. **Write a check** payable to: "Sante Total" and mail it to:  
Sante Total c/o E. Alton Sartor  
1511 Dufossat St.  
New Orleans, LA 70115

## Sante Total Wishlist

**This holiday season...**

**Purchase important medical supplies to support Haitian clinic!**

Our wish list can be found here:

[http://www.amazon.com/gp/registry/giftlist/LM-FZE20HRC2L/ref=topnav\\_lists\\_2](http://www.amazon.com/gp/registry/giftlist/LM-FZE20HRC2L/ref=topnav_lists_2)

**Looking for holiday gift ideas? Check out our Sante Total merchandise!!**

**Link to merchandise:**

[http://www.cafepress.com/santetotal?awc=4102\\_1449203914\\_18e89914d5d5cd3877110659e0b65ba7&utm\\_medium=affiliate&utm\\_source=aw&utm\\_term=85386&utm\\_content=0](http://www.cafepress.com/santetotal?awc=4102_1449203914_18e89914d5d5cd3877110659e0b65ba7&utm_medium=affiliate&utm_source=aw&utm_term=85386&utm_content=0)



## Donors

### **August-January 2015**

Cross Keys Dental PA

Daniel Pierce and Barbara Harrison

Andrew Wallace

Linda Goy

Jennifer Kahn Finney and family

Karl Irikura

Daniel Hodges

Thuy-Mai Nguyen

Warren Weis

Dr. Devi Yalamanchili

Tracey and Cole Pratt

Cary and Meredith Kettenring

Dr. John Iskander

Eileen McCarthy

Dr. Mayer Heiman



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**Thank you and Happy Holidays!**